

Millbank Medical Centre

20 Page Street, London SW1P 4EN

Telephone: 020 7834 5502

Facsimile: 020 7834 2350

Health Care Assistant Services

- **Blood Pressure Checks**
- **NHS Health Checks** - The NHS Health Check programme aims to help prevent heart disease, stroke, diabetes, kidney disease and certain types of dementia. Everyone between the ages of 40 and 74, who has not already been diagnosed with one of these conditions or have certain risk factors, will be invited (once every five years) to have a check to assess their risk of heart disease, stroke, kidney disease and diabetes and will be given support and advice to help them reduce or manage that risk
- **New Patient** – BMI, weight, height, BP, pulse and urinalysis
- **Smoking Cessation**
- **Flu vaccine** – For those over the age of 65, those with chronic diseases which would put them at risk, carers of those at risk, children aged 2, 3 and 4.
- **Pneumococcal vaccine** - For children under the age of two, adults aged 65 or over and children and adults with certain long-term health conditions, such as a serious heart or kidney condition
- **Shingles vaccine** - The shingles vaccine is given as a single injection for people aged 70, 78 or 79. Unlike the flu jab, you'll only need to have the vaccination once and you can have it at any time of the year.
- **Chronic Disease Management** – For those already diagnosed. Annual Diabetes review and annual Asthma review.